



Help Us

Help You

You are invited to a TRIAD-sponsored program that will follow the Topsfield COA's weekly luncheon. The Sheriff's Department liaison to TRIAD, John Russell, will provide an overview of TRIAD and explain how this collaborative organization works to help seniors improve their quality of life.

Date: **May 18th**
Time: **11:30 AM to 1:00 PM**
Place: **Gould Barn (1 Howlett Street)**

-What is TRIAD?

A program in partnership with the COA to help senior citizens.

-What does TRIAD do?

TRIAD offers programs to help keep seniors safe.

-How does TRIAD assist seniors?

TRIAD educates seniors about specific services designed to reduce their risk.

A sampling of the programs to be covered...

- ❖ **Shelter-in-Place**: What to do if you are confined to your home, due to a hurricane, blizzard, or other natural or man-made disaster.
- ❖ **Lock-Box**: A program sponsored by the Topsfield Fire Department where you can securely have a house key available to first responders.
- ❖ **File of Life**: A form, available at the COA, that lists important information about you - emergency contact, medications, special needs, etc. - that will be needed by First Responders during an emergency at your home.
- ❖ **House Numbers**: Understand the MA law requiring homeowners to have a house #.
- ❖ **Operation Concern**: A program offered by the Topsfield Police Department that alerts the police if you do not contact them every day.
- ❖ **Car-Fit**: Are your car's safety features working for you? This program takes a few minutes of your time to enhance your safe driving experience.
- ❖ **Relationship with your Fire and Police Departments**: Your public safety officials WANT you to call them if you need help with scams, installation of a smoke/CO2 detector or other concerns. There are no "stupid questions or concerns!"

John Russell has been with the Essex County Sheriff's Department for 35 years and serves in Salem on the boards of the COA, Friends, and TRIAD, maximizing his ability to assist seniors in the Witch City.

This special Topsfield COA luncheon, consisting of Soup & Salad (\$5/person; \$4/person for Friends' Members) will be served at 11:30 AM. Space is limited.

RSVP to the Topsfield COA: **(978) 887-6866**